

Standards and Score Groups for Physical Fitness (Missouri)

Last Modified on 03/11/2024 8:45 am CDT

[Physical Fitness Scoring Rubric](#) | [Physical Fitness Assessments Standards](#)

Tool Search: Score Groups and Rubrics, Standards

The [MOSIS Student Core Extract](#) reports student's ability in Aerobic Capacity, Abdominal Strength, Upper Body Strength and Flexibility. This is recorded in Standards for students in grades 5, 7 and 9. This article provides guidance on how to create these standards.

Physical Fitness Scoring Rubric

The Score Group is selected when creating the Standards. Verify that the scores are entered accurately.

1. Click the **Create New Rubric** button.
2. Enter **Physical Fitness Scores** in the **Rubric Detail Name** field.
3. In the **Rubric List Items Detail**, add the following items.
 1. Name: HFR, Score: HFR
 2. Name: NOT TESTED, Score: NOT TESTED
 3. Name: TESTED, Score: Tested
4. Click **Save** when finished.

Score Groups & Rubrics ☆

Grading & Standards > Settings > Score Groups & Rubrics

Save Delete New Score Group New Rubric

Name	Type
Elementary Standards	Rubric
Elementary-Subjects	Score Group
High School 2017+	Score Group
High School Honors 2017+	Score Group
Met/Not Met	Rubric
Middle School 2017+	Score Group
NU-Academy	Score Group
NU-Academy Attendance	Score Group
NU-High School 06-17	Score Group
NU-High School Honors 06-17	Score Group
NU-Middle School 06-17	Score Group
NU-Subject Area Rubric	Rubric
Pass/Fail	Score Group
Physical Fitness Scores	Rubric
Work and Study Habits	Rubric

Rubric Detail

*Name: Physical Fitness Scores Show Power Law Fields

Rubric List Items Detail

Sequence	Name	Score	State Score	Passing Score	Credit Coeff.	Minimum Value	Rollup Value	Mean Value	GPA Value	GPA Unweighted Value	GPA Bonus Points
0	HFR	HFR		<input type="checkbox"/>	0	0	0	0			0
0	NOT TESTED	NOT T		<input type="checkbox"/>	0	0	0	0			0
0	TESTED	TESTE		<input type="checkbox"/>	0	0	0	0			0

Add

Physical Fitness Rubric

Physical Fitness Assessments Standards

This Standards Group and Standards may already exist. If it does, you don't need to create another one, but do verify that the information is correct.

Create Physical Fitness Standards Group

1. Click **New**. In the pop-up message that displays, select **Create New Group**.
2. In the **Group Name** field, enter **Physical Fitness Assessments**.
3. Select **Physical Fitness Scores** from the **Scoring Rubric**.
4. Click **Save**.

☰
🔍 Search for a tool or student

Standards Bank ☆

[Grading & Standards](#) > [Setup](#) > Standards Bank

Standard Group Editor

Search

Filter

Type
Standard Group

Group Name*

Rubric*

Sequence

Credit Overflow **Archived** **Include in Report Card**

Parent
No Parent. Root Level Group

Comments

Description

New G

Physical Fitness Standards Group

Create Physical Fitness Standards

These steps need to be repeated four times, one for each of the Physical Fitness assessments/skills.

Abdominal Strength Assessment

1. Click **New**. In the pop-up message that displays, select **Create New Standard**.
2. In the **Display Name** field, enter **AbdominalStr**.
3. In the **Abbreviation** field, enter **PE1**.
4. In the **Number** field, enter **PE1**.
5. In the **Sequence** field, enter **1070**.
6. For **Standards Bank Location**, if Physical Fitness Assessments is not already selected, click the **Select Location** button and locate and select **Physical Fitness Assessments**.
7. Click **Save**. This assessment displays as a child standard of the Physical Fitness Assessments.

Aerobic Capacity Assessment

1. Click **New**. In the pop-up message that displays, select **Create New Standard**.
2. In the **Display Name** field, enter **AerobicCap**.
3. In the **Abbreviation** field, enter **PE2**.
4. In the **Number** field, enter **PE2**.
5. In the **Sequence** field, enter **1070**.
6. For **Standards Bank Location**, if Physical Fitness Assessments is not already selected, click the **Select Location** button and locate and select **Physical Fitness Assessments**.
7. Click **Save**. This assessment displays as a child standard of the Physical Fitness Assessments.

Flexibility Assessment

1. Click **New**. In the pop-up message that displays, select **Create New Standard**.
2. In the **Display Name** field, enter **Flexibility**.
3. In the **Abbreviation** field, enter **PE3**.
4. In the **Number** field, enter **PE3**.

5. In the **Sequence** field, enter **1070**.
6. For **Standards Bank Location**, if Physical Fitness Assessments is not already selected, click the **Select Location** button and locate and select **Physical Fitness Assessments**.
7. Click **Save**. This assessment displays as a child standard of the Physical Fitness Assessments.

Upper Body Strength Assessment

1. Click **New**. In the pop-up message that displays, select **Create New Standard**.
 2. In the **Display Name** field, enter **UpperBodyStr**.
 3. In the **Abbreviation** field, enter **PE4**.
 4. In the **Number** field, enter **PE4**.
 5. In the **Sequence** field, enter **1070**.
 6. For **Standards Bank Location**, if Physical Fitness Assessments is not already selected, click the **Select Location** button and locate and select **Physical Fitness Assessments**.
 7. Click **Save**. This assessment displays as a child standard of the Physical Fitness Assessments.
-