

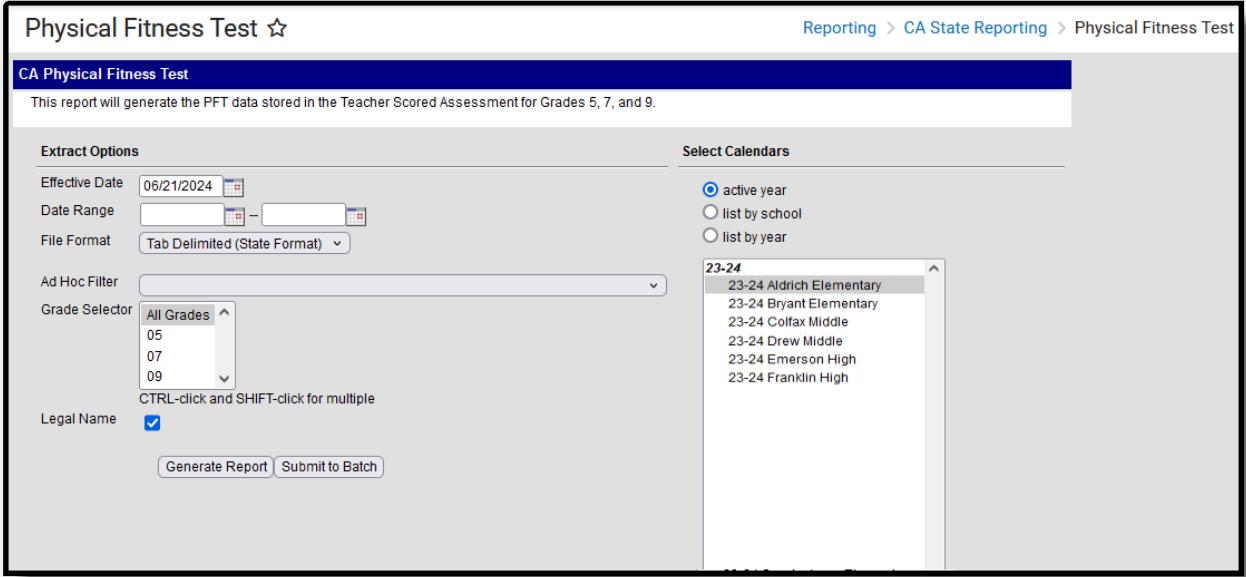
Physical Fitness Test (California)

Last Modified on 12/14/2025 8:45 pm CST

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Tool Search: Physical Fitness Test

The Physical Fitness Test Extract is used to generate the PFT data stored in the Teacher Scored Assessment for Grades 5, 7, and 9 concerning the physical fitness test results of students. This report is for districts who do NOT use the Fitnessgram.



The screenshot shows the 'Physical Fitness Test Extract Layout'. At the top, it says 'Physical Fitness Test ☆' and 'Reporting > CA State Reporting > Physical Fitness Test'. The main area is titled 'CA Physical Fitness Test' with the sub-instruction: 'This report will generate the PFT data stored in the Teacher Scored Assessment for Grades 5, 7, and 9.' Below this are 'Extract Options' and 'Select Calendars' sections. The 'Extract Options' section includes fields for 'Effective Date' (06/21/2024), 'Date Range' (two date pickers), 'File Format' (Tab Delimited (State Format)), 'Ad Hoc Filter' (dropdown), 'Grade Selector' (dropdown showing 'All Grades' with options 05, 07, 09), and 'Legal Name' (checkbox checked). The 'Select Calendars' section has radio buttons for 'active year' (selected), 'list by school', and 'list by year'. A dropdown menu is open, showing a list of schools for the '23-24' year: 23-24 Aldrich Elementary, 23-24 Bryant Elementary, 23-24 Colfax Middle, 23-24 Drew Middle, 23-24 Emerson High, and 23-24 Franklin High. At the bottom are 'Generate Report' and 'Submit to Batch' buttons. Below the screenshot, the text 'Physical Fitness Test Editor' is centered.

Report Logic

Only assessments in 5th, 7th, and 9th grade report. Only available data from students' assessments report.

In order to report, students must be scored in [Campus Instruction](#), Teacher Scored Assessments. If students are not scored in Campus Instruction and their scores are manually entered in the Assessment tab of the student(s), a date on the [parent test](#) must be set.

Students do not report when:

- Their enrollment record is marked as State Exclude.
- They are enrolled in a Grade Level marked as State Exclude.
- They are enrolled in a calendar marked as State Exclude.

Report Editor

Field	Description
Effective Date	Reports assessments that are scored from the student assessment tab on or before this date.
Date Range	Reports assessments that are scored from the student assessment tab within this date range.
File Format	<p>Selection determines whether the extract generates in the following file formats contained in the drop list:</p> <ul style="list-style-type: none"> • Tab Delimited (State Format) • Comma Separated (CSV) • HTML
Ad Hoc Filter	Allows a pre-existing ad hoc filter to be chosen to further narrow the results of the students included in the report.
Grade Selector	<p>Allows selection of one or more of the following grades:</p> <ul style="list-style-type: none"> • 5th grade • 7th grade • 9th grade
Legal Name	<p>When check box is marked, report pulls Legal First Name, Legal Last Name, Legal Middle Name, Legal Gender.</p> <p>When check is unmarked, the report pulls First Name, Last Name, Middle Name, and Gender.</p>
Select Calendars	At least one calendar needs to be selected in order to generate the report. Calendars can be selected by the active year, by school name, or by year.
Report Generation	The report can be generated immediately using the Generate Report button. When there is a larger amount of data chosen (several calendars, large date range, etc.), use the Submit to Batch button, which allows the user to choose when the report is generated.

Generate the Report

1. Enter the **Effective Date** and/or **Date Range** for the report.
2. Select the desired **File Format**.
3. Select the **Ad Hoc Filter**, if desired.
4. Select the desired **Grade**.
5. Mark the **Legal Name** check box, if desired.
6. Select the **Calendar(s)** to include in the report.
7. Click the **Generate Report** or **Submit to Batch** button. The extract displays in the selected format.

PFT-5 CA_Physical Fitness Test Report _Tab Delimited - Notepad												
CountyCode	SchoolDistrictCode	SchoolCode	CharterNumber	Grade	StudentLastName	StudentFirstName	StudentMiddleInitial	DateOfBirthMonth	DateOfBirthDay	DateOfBirthYear	Gender	Statewide
33	67124	3331071	0000	09	Abanilla Hi	Alaura D	09	19	2002	F	8156654008	N
33	67124	3330396	0000	09	Abu Snobur	Nada	04	18	2001	F	9136810631	Y

Physical Fitness Test, State Format (Tab Delimited)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
1	CountyCo	SchoolDis	SchoolCoc	CharterNu	Grade	StudentLa	StudentFi	StudentM	DateOfBirth	DateOfBirth	Gender	Statewide	Hispanic	O	RaceBlack	RaceAmeri	RaceChin	RaceJapar	RaceKore	RaceVietn
2	33	67124	3330396	0	9	Abu Snobur	Nada		4	18	2001	F	9.14E+09	Y	Y	Y	Y	Y	Y	
3	33	67124	3331071	0	9	Abanilla Hi	Alaura	D	9	19	2002	F	8.16E+09	N						
4																				
5																				

Physical Fitness Test, Comma Separated (CSV Format)

Extract Records:2												
CountyCode	SchoolDistrictCode	SchoolCode	CharterNumber	Grade	StudentLastName	StudentFirstName	StudentMiddleInitial	DateOfBirthMonth	DateOfBirthDay	DateOfBirthYear	Gender	Statewide
33	67124	3330396	0000	09	Abu Snobur	Nada		04	18	2001	F	9.14E+09
33	67124	3331071	0000	09	Abanilla Hi	Alaura	D	09	19	2002	F	8.16E+09

Physical Fitness Test, HTML Format

Physical Fitness Test Extract Layout

Field	Description	Location
County Code	A coded value that represents the County the School District Resides in. <i>Numeric, 2 digits</i>	District Information > State District Number District.number
School District Code	A unique identifier for the educational service institution responsible for obtaining and maintaining a student's Statewide Student Identifier by way of an enrollment record in the California Longitudinal Pupil Achievement Data System (CALPADS). <i>Numeric, 5 digits</i>	District Information > State District Number District.number
School Code	A unique identifier for the school in which the student is enrolled. <i>Numeric, 7 digits</i>	School Information > State School Number School.number
Charter Number	A unique identifier for the Charter School in which the student is enrolled. <i>Numeric, 4 digits</i>	School > State School Number School.number

Field	Description	Location
Grade	<p>The Grade Level the student is in.</p> <p><i>Numeric, 2 digits</i></p>	<p>Enrollment > Grade</p> <p>Enrollment.grade</p>
Student Last Name	<p>The Legal Last Name of the student.</p> <p>Reports the Legal Last Name if the Legal Name and Gender checkbox is checked. If not checked this value reports from the last name field.</p> <p><i>Alphanumeric, 11 characters</i></p>	<p>Identities > Last Name, Legal Last Name</p> <p>Identity.lastName</p> <p>Identity.legalLastName</p>
Student First Name	<p>The Legal first name of the student.</p> <p>Reports the Legal First Name if the Legal Name and Gender checkbox is marked. If not marked this value reports from the first name field.</p> <p><i>Alphanumeric, 9 characters</i></p>	<p>Identities > First Name, Legal First Name</p> <p>Identity.firstName</p> <p>Identity.legalFirstName</p>
Student Middle Initial	<p>The Legal middle initial of the student.</p> <p>Reports the Legal First Name if the Legal Name and Gender checkbox is marked. If not marked this value reports from the middle name field.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Identities > Middle Name, Legal Middle Name</p> <p>Identity.middleName</p> <p>Identity.legalMiddleName</p>
Date of Birth Month	<p>The month in which a person was born based on the Gregorian Calendar.</p> <p><i>Numeric, 2 digits</i></p>	<p>Demographics > Birth Date</p> <p>Identity.birthDate</p>
Date of Birth Day	<p>The day in which a person was born based on the Gregorian Calendar.</p> <p><i>Numeric, 2 digits</i></p>	<p>Demographics > Birth Date</p> <p>Identity.birthDate</p>
Date of Birth Year	<p>The year in which a person was born based on the Gregorian Calendar.</p> <p><i>Numeric, 4 digits</i></p>	<p>Demographics > Birth Date</p> <p>Identity.birthDate</p>

Field	Description	Location
Gender	<p>A student's designated gender.</p> <p>Reports the Legal Gender if the Legal Name and Gender checkbox is marked.</p> <p>If not marked this value reports from the Gender field.</p> <p><i>Alphanumeric, 1 character (M or F)</i></p>	<p>Identities > Gender, Legal Gender</p> <p>Identity.gender</p> <p>Identity.legalGender</p>
Statewide Student Identifier	<p>The Students State Student ID (SSID).</p> <p>The unique identifier for the student assigned to or by the first California district in which the student is enrolled in accordance with CDE established standards. This number follows the student from school to school throughout his/her K-12 career.</p> <p><i>Numeric, 10 digits</i></p>	<p>Demographics > Person Identifiers > Local Student Number</p> <p>Person.studentNumber</p>
Hispanic or Latino	<p>An indication of whether or not a Student identifies him- or herself as having a Hispanic ethnicity.</p> <p>This will report Y/N based on the answer to the Hispanic/Latino question, or blank if there is no answer selected.</p> <p><i>Alphanumeric, 1 character (Y or N)</i></p>	<p>Demographics > Race/Ethnicity > Is the individual Hispanic/Latino?</p> <p>Identity.hispanicEthnicity</p>
Race Black or African American	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Black or African American</p> <p>Identity.caRace</p>

Field	Description	Location
Race American Indian or Alaska Native	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > American Indian or Alaska Native</p> <p>Identity.caRace</p>
Race Chinese	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Chinese</p> <p>Identity.caRace</p>
Race Japanese	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Japanese</p> <p>Identity.caRace</p>
Race Korean	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Korean</p> <p>Identity.caRace</p>

Field	Description	Location
Race Vietnamese	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Vietnamese</p> <p>Identity.caRace</p>
Race Asian Indian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Asian Indian</p> <p>Identity.caRace</p>
Race Loatian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Laotian</p> <p>Identity.caRace</p>
Race Cambodian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Cambodian</p> <p>Identity.caRace</p>

Field	Description	Location
Race Hmong	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Hmong</p> <p>Identity.caRace</p>
Race Other Asian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Other Asian</p> <p>Identity.caRace</p>
Race Filipino	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Filipino</p> <p>Identity.caRace</p>
Race Native Hawaiian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Hawaiian</p> <p>Identity.caRace</p>

Field	Description	Location
Race Guamanian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Guamanian</p> <p>Identity.caRace</p>
Race Samoan	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Samoan</p> <p>Identity.caRace</p>
Race Tahitian	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity. This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Tahitian</p> <p>Identity.caRace</p>
Race Other Pacific Islander	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > Other Pacific Islander</p> <p>Identity.caRace</p>
Race White	<p>An indication of whether or not a Student identifies him- or herself as belonging to this particular race/ethnicity.</p> <p>This will report Y based on the mark placed for the check box regarding the question, or blank if there is no answer.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Demographics > Race/Ethnicity > White</p> <p>Identity.caRace</p>

Field	Description	Location
Parent/Guardian highest Education Level	<p>Coded value representing the highest educational level of the parent/guardian.</p> <p>Reports Parent Ed Level code if the field is populated on the student's Demographic tab.</p> <p>If the field is not populated on the Student Demographic tab, looks at all guardians flagged for the student and reports the highest level code.</p> <p>If no guardians are flagged for the student, reports a blank value.</p> <p><i>Numeric, 2 digits</i></p>	Demographics > Parent Highest Edu-Mark on Student Identity.educationLevel
National School Lunch Program (NSLP)	<p>Reports that a student has a FREE or REDUCED lunch record within the selected time frame.</p> <p>Reports a blank value if there is no record FREE or REDUCED lunch record within the selected time frame.</p> <p><i>Alphanumeric, 1 character</i></p>	FRAM > Eligibility POSEligibility.eligibility
PFT Start Date Month	<p>The month that the student took the test.</p> <p><i>Numeric, 2 digits</i></p>	Assessments > California PFT > Date Test.testScore
PFT Start Date Day	<p>The day that the student took the test.</p> <p><i>Numeric, 2 digits</i></p>	Assessments > California PFT > Date Test.testScore
PFT Start Date Year	<p>The year that the student took the test.</p> <p><i>Numeric, 4 digits</i></p>	Assessments > California PFT > Date Test.testScore
Filler (1)	N/A	N/A
Filler (2)	N/A	N/A

Field	Description	Location
Height Feet	<p>Reports the student's height (feet portion of full measurement) from the raw score recorded in the CA PFT Height Feet test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Height</p> <p>Test.testScore</p>
Height Inches	<p>Reports the student's height (inches portion of full measurement) from the raw score recorded in the CA PFT Height Inches test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Height</p> <p>Test.testScore</p>
Weight Pounds	<p>Reports the student's weight in pounds from the raw score recorded.</p> <p><i>Numeric, 3 digits</i></p>	<p>Assessments > California PFT > Weight</p> <p>Test.testScore</p>
One Mile Run Minutes	<p>Reports the mile run (minutes portion of the measurement) from the raw score recorded in the CA PFT One Mile Run Time Minutes test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > One Mile Run Time</p> <p>Test.testScore</p>
One Mile Run Seconds	<p>Reports the mile run (seconds portion of measurement) from the raw score recorded in the CA PFT One Mile Run Time Seconds test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > One Mile Run Time</p> <p>Test.testScore</p>
20M Pacer Laps	<p>Reports the number of laps completed from the raw score recorded.</p> <p><i>Numeric, 3 digits</i></p>	<p>Assessments > California PFT > 20M Pacer Laps</p> <p>Test.testScore</p>
Walk Test Minutes	<p>Reports the walk test (minutes portion of measurement) from the raw score recorded in the CA PFT Walk Test Time Minutes test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Walk Test Time</p> <p>Test.testScore</p>

Field	Description	Location
Walk Test Seconds	<p>Reports the walk test (seconds portion of measurement) from the raw score recorded in the CA PFT Walk Test Time Seconds test.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Walk Test Time</p> <p>Test.testScore</p>
Heart Rate Beats Per Minute	<p>Reports the hear rate in Beats Per Minute (BPM) from the raw score recorded.</p> <p><i>Numeric, 3 digits</i></p>	<p>Assessments > California PFT > Heart Rate Beats Per Minute</p> <p>Test.testScore</p>
Skinfolds Triceps Millimeters	<p>Reports the Skinfolds Triceps, in millimeters (mm), measurement from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Skinfolds Triceps</p> <p>Test.testScore</p>
Skinfolds Calf Millimeters	<p>Reports the Skinfolds Calf, in millimeters (mm), measurement from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Skinfolds Calf Millimeters</p> <p>Test.testScore</p>
Bioelectric Impedance Percent Body Fat	<p>Reports the Bioelectric Impedance Percent Body Fat from the raw score recorded.</p> <p><i>Numeric, 3 digits</i></p>	<p>Assessments > California PFT > Bioelectric Impedance Percent Body Fat</p> <p>Test.testScore</p>
Curl Up	<p>Reports the number of Curl Ups from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Curl Up</p> <p>Test.testScore</p>
Trunk Lift Inches	<p>Reports the number of Trunk Lifts, in inches, from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Trunk Lift</p> <p>Test.testScore</p>
Push Up	<p>Reports the number of non-modified Push Ups performed from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Push Up</p> <p>Test.testScore</p>

Field	Description	Location
Modified Push Up	<p>Reports the number of Modified Push Ups performed from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Modified Push Up</p> <p>Test.testScore</p>
Flexed Arm Hang	<p>Reports the Flexed Arm Hang result from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Flexed Arm Hang</p> <p>Test.testScore</p>
Sit and Reach Left	<p>Reports the Sit and Reach result (on the left side), in inches, from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Sit and Reach Left</p> <p>Test.testScore</p>
Sit and Reach Right	<p>Reports the Sit and Reach result (on the right side) , in inches, from the raw score recorded.</p> <p><i>Numeric, 2 digits</i></p>	<p>Assessments > California PFT > Sit and Reach Right</p> <p>Test.testScore</p>
Shoulder Stretch Left	<p>Reports the Shoulder Stretch (Left) result in yes/no form from raw score recorded.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Assessments > California PFT > Shoulder Stretch Left</p> <p>Test.testScore</p>
Shoulder Stretch Right	<p>Reports the Shoulder Stretch (Right) result in yes/no form from raw score recorded.</p> <p><i>Alphanumeric, 1 character</i></p>	<p>Assessments > California PFT > Shoulder Stretch Right</p> <p>Test.testScore</p>